

Are You Getting Enlightened Or Losing Your Mind A Psychiatrists Guide For Mastering Paranormal And Spiril

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Are You Getting Enlightened Or

In Are You Getting Enlightened or Losing Your Mind? Dr. Gersten, a practicing psychiatrist, recounts his experiences with his patients and his own spiritual breakthroughs to answer questions about the entire spectrum of human consciousness - the "normal, " "abnormal, " and "supernormal."

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"I was enthralled with Are You Getting Enlightened or Losing Your Mind? Dr. Gersten's courageous, heartfelt, and practical look at the interface between enlightenment and mental distress is inspiring, authentic, and life-changing. I couldn't put it down.

Are You Getting Enlightened Or Losing Your Mind?

Are You Getting Enlightened Or Losing Your Mind plants the seed of spirituality into the heart of psychiatry like never before. Going far beyond showing the importance of spirituality in all healing, " Are You Getting Enlightened... " attempts to help lead the field of psychiatry, which has largely become a biological field, into the future, creating a Psychiatry for the 21st Century.

Are You Getting Enlightened Or Losing Your Mind?

Buy Are You Getting Enlightened or Losing Your Mind?: A Psychiatrist's Guide for Mastering Paranormal and Spiritual Experience by Gersten, David (ISBN: 9781938459092) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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18 books, columnist on Alternative Medicine for The Life Connection, publisher Atlantis the Imagery Newsletter, and author of more than 300 published articles. He has consulted to the White House on alternative medicine. Dr. Gersten is also an accomplished musician and composer of 2200 songs and 7 symphonic works.

Are You Getting Enlightened Or Losing Your Mind?

To become enlightened, you must seek it yourself, within yourself. The Law of One has this to say on how to become enlightened: " Another self cannot teach/learn enlightenment, but only teach/learn information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other-self reach out and begin the seeking process... "

How to become enlightened: 12 simple steps

Are You Getting Enlightened or Losing Your Mind?: A Spiritual Program for Mental Fitness: Amazon.in: Dossey, Larry: Books

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You may want to preview the glossary prior to reading the book. Jerry Stocking declares himself a student and the universe his teacher. He says this book is too intelligent for him to have written, so Jerry used a pen name, Pax, which means peace in Latin. Pax says, "You are enlightened. You knew it when you were a young child.

PDF Are You Getting Enlightened Or Losing Your Mind ...

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Are You Getting Enlightened or Losing Your Mind?: A ...

In Are You Getting Enlightened or Losing Your Mind? Dr. Gersten, a practicing psychiatrist for twenty years, recounts his experiences with his patients to answer questions about the entire spectrum of human consciousness. A doctor of the soul, Gersten clearly differentiates between miracles and madness, spiritual emergence and mental ...

Amazon.com: Are You Getting Enlightened or Losing Your ...

You may say 'universal nature' or 'Buddha nature' or 'enlightenment.' You may call it by many names, but for the person who has it, it is nothing, and it is something." Both legend and documented evidence suggest that skilled practitioners and enlightened beings may be capable of extraordinary, even supernatural mental powers.

What Do Buddhists Mean by 'Enlightenment'?

enlighten definition: 1. to provide someone with information and understanding, or to explain the true facts about.... Learn more.

ENLIGHTEN | meaning in the Cambridge English Dictionary

Enlighten definition, to give intellectual or spiritual light to; instruct; impart knowledge to: We hope the results of our research will enlighten our colleagues. See more.

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